

- SEMESTER:- I
- COURSE NO.:- FST-111
- COURSE TITLE:- PRINCIPLES OF FOOD PROCESSING
- CREDITS:- 3(2+1)

➤ THEORY

NO. OF UNITS	TOPICS	NO. OF LECTURES
1	<i>Introduction, sources of food, scope and benefit of industrial food preservation, perishable, non perishable food, causes of food spoilage</i>	2
2	<i>Preservation by salt and sugar – Principle, method, equipment and effect on food quality</i>	3
3	<i>Thermal processing methods of preservation – Principle and equipments : Canning, blanching, pasteurization, sterilization, evaporation</i>	4
4	<i>Use of low temperature – Principle, equipment and effect on quality Chilling, cold storage, freezing</i>	4
5	<i>Preservation by drying dehydration and concentration – Principle, Methods, equipment and effect on quality :  Difference, importance of drying and dehydration over other methods of preservation , equipments and machineries, physical and chemical changes in food during drying and dehydration Need and principle of concentration, methods of concentration – Thermal concentration, freeze concentration, membrane concentration, changes in food quality by concentration</i>	6
6	<i>Preservation by radiation, chemicals and preservatives  Definition, methods of irradiation, direct and indirect effect, measurement of radiation dose, dose distribution, effect on microorganisms. Deterioration of irradiated foods- physical, chemical and biological; effects on quality of foods  Preservation of foods by chemicals, antioxidants, mold inhibitors, antibodies, acidulants etc. Preservation by fermentation- Definition, advantages, disadvantages, types, equipments.</i>	6
7	<i>Recent methods in preservation:  Pulsed electric field processing, High pressure processing, Processing using ultrasound, dielectric, ohmic and infrared heating. Theory, equipments and effect on food quality</i>	7
	<b>TOTAL</b>	<b>32</b>

➤ PRACTICALS

NO. OF UNITS	TOPICS	NO. OF EXPT.
1	<i>Demonstration of various machineries used in processing</i>	1
2	<i>Demonstration of effect of blanching on quality of foods</i>	1
3	<i>Preservation of food by heat treatment- canning, - canning of fruits and vegetables</i>	1
4	<i>Preservation of food by high concentration of sugar i.e. preparation of jam</i>	1
5	<i>Preservation of food by using salt- Pickle</i>	1
6	<i>Preservation of food by using acidulants i.e. pickling by acid, vinegar or acetic acid</i>	1
7	<i>Preservation of food by using chemicals</i>	1
8	<i>Preservation of bread, cake using mold inhibitors</i>	1
9	<i>Preservation of coconut shreds using humectants</i>	1
10	<i>Drying of pineapple slices, apple slices in cabinet drier</i>	1
11	<i>Demonstration on drying of green leafy vegetables</i>	1
12	<i>Drying of Mango/other pulp</i>	1
13	<i>Drying of semisolid foods using roller dryers</i>	1
14	<i>Drying of foods using freeze-drying process</i>	1
15	<i>Demonstration of preserving foods under cold v/s freezing process</i>	1
16	<i>Processing foods using fermentation technique i.e. preparation of sauerkraut</i>	1
	<b>TOTAL</b>	<b>16</b>

➤ *Reference Books:*

- 1) *Technology of Food Preservation* N. W. Desroiser and N. W. Desrosier
- 2) *Introduction to Food Science and Technology* G. P. Stewart and M. A. Amerine.
- 3) *Food Processing Operations Vol. III* M. A. Joslyn and J. J. Heild.
- 4) *Preservation of Fruits and Vegetables* Giridhari Lal, G. S. Siddappa, & G. L. Tondon.